

# Protect Yourself - From Minimum to Maximum Protection

1. Cloth Mask and Street Clothes - Not PPE



2. Cloth Mask & Ski Goggles - Much Improved but Still Not PPE



3. KN95 Mask, Rated Goggles and Street Clothes - Beginning Actual PPE



4. KN95 Mask, Rated Goggles and Gloves - Actual PPE Addition



5. KN95 Mask, Face Shield and Gloves - PPE Option to Goggles



6. Add Body Style Clothing & Easy Clean Shoes with Goggles - Practical PPE Outfit



7. Or Instead of Goggles, Use a Face Shield



8. Now Add a Head Hood, This is Total PPE Head Protection



9. Complete Professional PPE Virus Protocol with N95 and Tyvek Suit Addition



Image 9 is the PPE required for an actual virus protocol produced by a registered industrial hygienist to be used by employers. The centerpiece of this protocol is the utilization of an N95 mas or better. These are off limits to anyone other than the medical community.

